

Healthy Weight Services redesign - Risk Profile

Risk	Likelihood of the risk occurring
Lack of confidence of health, education and other professionals in ability of alternatives to structured programmes to address unhealthy weight leading to failure to identify/refer CYP / adults living with obesity	Medium – there is a risk that professionals will not recognise a less tangible ‘deconstructed’ healthy weight programme – i.e. activities & interventions happening in different places at different times through different groups across the borough as being effective
Lack of confidence in general population in ability of alternatives to structured programmes to address unhealthy weight leading to failure to seek support	Low – evidence indicates low visibility/recognition of current services so change in provision unlikely to impact on numbers seeking support due to lack of confidence in alternatives
Increase in population obesity rates as a result of removing structured weight management programmes	Low - Any increase in population obesity rates will not be due to a reduction in individual weight management programmes. The impact of these programmes on overall rates has been repeatedly evaluated as miniscule.
Safeguarding / neglect risk – if no services for the GP / NCMP Team to refer obese children to.	Medium - determining the level of actual risk rather than perceived risk is difficult as there is a lack of evidence as to the impact that referring children with severe obesity to existing child weight management programmes has.
Reputational Risk - in removing traditional structured programmes it may be perceived that we are abandoning people to live with unhealthy weight in a borough with one of the highest obesity rates in London	Medium - but could be high if messaging unclear and all partners are not in agreement with the new approach

Impact if the risk occurs	Severity
High	Medium
Low – numbers are very low so overall population impact will be low although individual impact will be higher	Low
Low	Low
High	Low
High	Medium

Mitigation	Contingent/transition action
<p>Deliver child & adult healthy weight pathways that professionals can have confidence in.</p> <p>Deliver training to all professionals & deliver evidence-based healthy weight training to early-years settings (children and family hubs)</p> <p>Make greater use of social prescribers to act as intermediaries/ facilitators linking patients to help, advice and local support</p>	<p>The primary risk is during the transition as new support is being developed - so need to capitalise on support resources that are there now & have a Healthy Weight Directory in place as a priority action (that can then be built on)</p>
<p>The new approach is aimed at breaking down current barriers, introducing small manageable changes, using trusted voices and raising visibility of healthy weight support through developing a professional communications strategy for residents</p>	<p>Clear & immediate communications to residents about what we are doing & why with relatable examples of how the change will benefit them - a key message is that individuals, communities and organisations will all be part of making these changes - No 'doing to'</p>
<p>There is no short-term mitigation as overweight & obesity levels have been on an upward trend for decades & it is very unlikely that there will be any immediate drop off in rates through changing our approach. Impact will need to be measured over the next 10 years.</p> <p>A good evaluation methodology needs to be created and properly resourced so that changes can be evidenced</p>	<p>None</p>
<p>There will be a focus on working with partners and the provider to ensure that new healthy weight interventions are being provided & tested for key priority groups as quickly as possible. (Acknowledging this may take some time to set up and build up and not be available until the early autumn)</p> <p>For very severe CYP obesity leading to other health complications we would 'Complications of Excess Weight Service' to pick up</p>	<p>During the transition period we will ensure additional commissioned service is in place to support parents and the statutory child weight management programme, this could include bolstering summer activity programmes and strengthening the NCMP team through additional, specific short term nutrition & activity roles if required.</p> <p>Pilot a supported offer in selected schools in the borough</p>
<p>We know the best way to lose weight is slowly, by making achievable changes to eating and physical activity habits. Managing weight is a life-long commitment – not just following a healthy weight programme for a few weeks so we need to convey that message effectively and convincingly.</p> <p>This is critical</p>	<p>An immediate comms strategy explaining the changes and reasons for them</p>